



Higher Physical Education and Health(Chinese Edition)

By MA BO BIAN

paperback. Book Condition: New. Paperback. Pub Date: 2015-05-01 Pages: 237 Language: Chinese Publisher: China Agriculture Press Vocational Sports and Health sub theory and skills of two parts. a total of 16 chapters. Students interested in the theoretical part including the Olympic Movement. the principles and methods of physical training. sports self-evaluation. a common sports injury prevention and treatment and other content; skills portion including athletics. football. basketball. volleyball. tennis. table tennis. badm.



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