



DOWNLOAD



Parenting in the Here and Now: Realizing the Strengths You Already Have

By Lea Page

Floris Books. Paperback. Book Condition: new. BRAND NEW, Parenting in the Here and Now: Realizing the Strengths You Already Have, Lea Page, Being a good parent doesn't mean being perfect, learning complex theories or finding another twelve hours in the day. Parenting in the Here and Now offers a refreshingly different way. Rather than striving for -- and failing to reach -- a frustrating ideal, parents can start from where they are right now -- and enjoy a more harmonious family life almost immediately. Lea Page shows how to recognise emotions that get in the way, and how to stay calm rather than getting overwhelmed. Her practical parenting philosophy, born from many years of personal experience, observation and reflection, encourages parents to respond to children with action rather than words. Parenting in the Here and Now is filled with examples of how to manage parental challenges in the moment, from tantrums and whining to lying and disrespect. Parents will appreciate the new confidence and calm authority this book -- a true companion -- gives them.



READ ONLINE

[7.2 MB]

Reviews

A fresh e book with an all new viewpoint. It can be rally exciting throug studying period of time. You will like the way the writer write this publication.

-- **Tania Cormier**

An extremely wonderful pdf with perfect and lucid information. Better then never, though i am quite late in start reading this one. I realized this publication from my dad and i recommended this publication to understand.

-- **Clinton Johns DDS**

You May Also Like



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating co-authored by Greg Behrendt, former writer on...



Readers Clubhouse Set B Time to Open (Paperback)

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. 222 x 148 mm. Language: English . Brand New Book. This is volume nine, Reading Level 2, in a comprehensive program (Reading Levels 1 and 2)for beginning readers. Two nine-book sets...



Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers (Paperback)

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original...



Millionaire Mumpreneurs: How Successful Mums Made a Million Online and How You Can Do it Too!

Harriman House Publishing. Paperback. Book Condition: new. BRAND NEW, Millionaire Mumpreneurs: How Successful Mums Made a Million Online and How You Can Do it Too!, Mel McGee, Inspiring stories from some of the world's most successful mumpreneurs 'Millionaire Mumpreneurs' isn't about traditional...



California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package

Pearson, United States, 2015. Loose-leaf. Book Condition: New. 10th. 249 x 201 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for...